



# Required Gear list

I would like to remind everyone of what the required gear for you/your child to be able to fully participate in class is. Failure to be prepared for class will prohibit you/your child from taking part in certain activities that day, there will be NO exceptions.

**White Belt** – approved uniform consisting of Pants and a GI top or studio Tee/sweatshirt and belt, mouth guard, and male students need a cup.

**Gold Belt** – Gloves and headgear with face shield. (Even if they aren't going to attend sparring class as this is used during regular classes as well.)

**Sparring class** – All participants must wear a mouth guard and a cup for male students. (On sparring days students must have their cups on for their regular class because there simply isn't time for all students to put it on between classes.) Students may borrow gear from the school for their first 2 weeks of sparring to make sure they want to participate in it before you purchase your gear.

All gear should be purchased through SKA to ensure it is the correct size and style. There are lots of types of equipment on the market and we have been through them all to find what the best item/value is. Also note that all gear must fit properly and be in good condition. Students will be informed of any gear that needs to be replaced and will need to do so in order to spar.

**Weapons** – Weapons training is an integral part of you/your child's martial arts classes and all students need to have their own to train with. Failure to show up properly equipped for class will result in you/your child not being able to fully participate in that days lesson plan. Students may get their weapons individually or as a package and need to have them well in advance of when they will be required to perform them for stripes. To make this easier I have broken down the weapons into 2 packages.

Package 1 Staff, Nunchucks, and fan. (Orange belts should have all of these)

Package 2 Second pair of Nunchucks and Kamas. (Blue Belts should have all of these)

Once again all weapons need to be obtained through SKA you may not use unapproved weapons during class.